

Draft programme

Please note that this is a draft programme and that enforced changes may still occur as a result of withdrawals etc. Where such a change involves moving a presentation to a different day, all corresponding authors affected will be contacted. Due to the amount of work required for even minor changes to the programme, the scientific committee cannot entertain requests for alterations to the day or time of individual presentations.

Tuesday, 26 Aug

9:00 - 15:00 Full Day Workshops

Workshop Formal and computational modelling to advance health psychology theories: Conceptual and practical considerations
Chair: James Allen and Olga Perski

9:00 Formal and computational modelling to advance health psychology theories: Conceptual and practical considerations
James Allen, Olga Perski

Workshop How to apply single-case studies for clinical questions in health psychology.
Chair: Marij Zuidersma

9:00 How to apply single-case studies for clinical questions in health psychology
Marij Zuidersma, Harriëtte Riese

9:30 - 12:30 Half Day Workshops

Workshop Knowing what you're talking about: creating comprehensive construct definitions and making them useful in practice
Chair: Gjalt-Jorn Peters And Rik Crutzen

9:30 Knowing what you're talking about: creating comprehensive construct definitions and making them useful in practice
Gjalt-Jorn Peters, Rik Crutzen

Workshop The next step: adapting and implementing interventions in a real-world context
Chair: Marla Hahnrahts and Lisa Harms

9:30 The next step: adapting and implementing interventions in a real-world context
Marla Hahnrahts, Lisa Harms

Workshop Challenges of (open) qualitative research in health psychology
Chair: Gabriela Gore-Gorszewska

9:30 Challenges of (open) qualitative research in health psychology
Gabriela Gore-Gorszewska

Workshop Bridging AI and qualitative research: a hands-on workshop on AI-driven qualitative analysis for health psychology
Chair: Emma Ward and Sarah Jenner

9:30 Bridging AI and qualitative research: a hands-on workshop on AI-driven qualitative analysis for health psychology
Paulina Bondaronek, Felix Naughton, Emma Ward, Sarah Jenner

9:30 - 12:30 EMPOWER Grant Writing Workshop

13:15 - 14:15 CREATE Annual General Meeting

15:30 - 16:30 Opening Ceremony

16:30 - 17:30 Keynote - Prof. Ellen Smets

Anatomy of a clinical consultation: unraveling patient-provider communication

17:45 - 18:45 Orals and Roundtables

Roundtable Advancing stress – health behavior research in daily life
Chair: Jennifer Inauen

Online 17:45 Advancing stress – health behavior research in daily life
Jennifer Inauen, Daryl O'Connor, Alea Ruf, Daniel Powell, Melanie Bamert, Jens Blechert

Roundtable The EHPS Climate Cafe: an informal space to listen, share and act on climate change
Chair: Daniella Watson and Sinéad Sheehan

17:45 The EHPS Climate Cafe: an informal space to listen, share and act on climate change
Daniella Watson, Sinéad Sheehan, Josianne Kollmann, Maud de Groot

Oral Session Communicating Health Risks and Interventions

Online 17:45 Perceived oral cancer risk among at-risk groups in Germany
Lisa Felgendeff

17:55 Effective Strategies for Communicating Genetic Risk in Obesity Prevention Interventions: Systematic Review
Zofia Szczuka

18:05 Framing and emotions in communication about diet and physical activity to cancer survivors
Rachel Drbohlav Ollerton

18:15 Vaccination as stress prevention: A simple communication intervention to increase vaccination intentions among geriatric nurses
Philipp Sprengholz

18:25 Testing Different Prebunking Strategies Against Misinformation About Vaccines
Mauro Bertolotti

18:35 The relationship between maternal and child healthcare professionals and fathers: a Q-study methodology
Femke Hilverda

Oral Session Coping with symptoms and disease

17:45 Dynamics of Trauma Focus and Forward Focus Coping among Cancer Patients
Aleksandra Kroemeke

17:55 Fear of cancer recurrence: exploring support needs, coping and social network among breast cancer survivors
Anneleen Dekker-Klaassen

18:05 Legacy in substance use: using the arts to empower communities to break cycles of silence
Karen McGuigan

18:25 Coping strategy switching: A scoping review on enacting multiple coping strategies in response to stress
Tenelle Maroney

18:35 Effects of digital CBT (COMPASS-IBD) on inflammation and physical health outcomes in Inflammatory Bowel Disease
Natasha Seaton

Oral Session Individual differences in health-related behaviors and outcomes

17:45 The relationship between trait self-control, discounting and modifiable risk factors for cardiovascular disease
Lili Kókai

17:55 Self-warmth, self-coldness and mental health: A prospective study
Roeline Kuijer

- 18:05 Profiles of non-adherence among solid organ transplant recipients; an innovative approach for individualizing adherence interventions?
Coby Annema
- 18:15 Fatigue across different chronic kidney disease populations: experiences and needs of patients
Yvette Meuleman
- 18:25 Coping With Anxiety Through Acceptance: Modeling the Process with a Qualitative Study
Julie Ribeyron

Oral Session Challenges in the workforce and in implementation

- 17:45 Emotional challenges and psychological needs in first-generation students' transition to the workforce: a diary study
Jennifer Töws
- 17:55 Experiences of a national workplace walking challenge in and its impact: A theory-driven qualitative study
Gozde Ozakinci
- Online 18:05 A Multidisciplinary Intervention Approach for Promoting Physical Activity in Sedentary Workers: Qualitative Study
Vineta Silkane
- 18:15 Health impacts of elder caregiving responsibilities among industrial workers: A role strain perspective
Zsuzsanna Kerekes
- 18:25 Evaluation of a postgraduate training program on healthy eating support: a quantitative study among nurses
Gerlinde den Hamer-Jordaan
- 18:35 Predictive factors of bereaved relatives' consent to donate in emergent donation procedures: a cross-sectional study
Jorge S. López Martínez

Oral Session Mental Health and Psychological Resilience in Challenging Contexts

- 17:45 Mental Health of Palestinian Undergraduates During the War on Gaza: PTSD, CPTSD, Resilience, and Distress
Israa Baker
- 17:55 Medium-term impact of COVID-19 measures on mental health of parents with young children (0-4 years)
Amber Sterenborg
- 18:05 Positive affect and mortality in patients undergoing maintenance hemodialysis: A 4-year longitudinal study
Jieling Chen
- 18:15 Assessing eustress in everyday challenging situations: Validation of the SAM2 Eustress instrument
Juliane Klödt
- 18:25 Retirement and Depression: A Systematic Review of Longitudinal Evidence
Gabriela Nazar
- 18:35 Contamination aversion as a barrier to drinking fountain use in urban heat management
Robert W. Bruckmann

Oral Session Determinants and Interventions in Child & Adolescent Health (Behavior)

- 17:45 Parental cognitions, emotions and health behaviours surrounding routine vaccination in their infants and toddlers
Brian Jorge
- 17:55 Adolescent attitudes toward vaccines: A co-produced qualitative study
Angie Pitt
- 18:05 Child Self-Efficacy and Parental Autonomy Support as Predictors of Well-being and Future Anxiety
Sophia Chabursky
- 18:15 Predictors of quality of life in adolescents with Sickle Cell Disease
Margarida Santos

18:25 Exploring the longer-term effects of nutrition education during primary school on adolescents' food literacy
Marieke Battjes-Fries

17:45 - 18:45 Digital Health and Computer-tailoring SIG Meeting

18:45 - 20:15 Welcome Reception

Wednesday, 27 Aug

9:00 - 10:30 Orals and Symposia

Symposium Social inequalities in dietary behaviors and health: A multi-method approach to promoting equity
Chair: Christine Emmer and Carolin Marie Callies

- 9:00 Socioeconomic status and dietary behaviors in youth: Family stress as a mechanism across time
Christine Emmer
- 9:15 Beyond the dinner table: Examining links between socioeconomic status, family mealtime-practices, and child dietary outcomes
Maria Almudena Claassen
- 9:30 Pilot study "Status-Quo": an experimental manipulation of personal relative deprivation on snack choice
Carolin Marie Callies
- 9:45 Detecting intersectional inequalities in fruit-vegetables consumption in Germany and Spain: contribution of decision trees
Núria Pedrós Barnils
- 10:00 Understanding the impact of social assistance benefits policy interventions on health: a realist evaluation
Eline van Bennekom
- 10:15 Discussion
Jeffrey Hunger

Symposium Explaining the unknown; what we know about communicating uncertainty in health care
Chair: Ellen Smets

- 9:00 Relevant concepts and theoretical frameworks regarding communication about uncertainty in healthcare
Marij Hillen
- 9:15 How people respond to different forms of graphical, numerical and verbal representations of uncertainty
Alexandra Freeman
- 9:30 ParadoX of Choice: Uncertainty during shared decision-making
Fiorella Huijgens
- 9:45 How Non-Verbal Uncertainty Cues Shape Judgments of Verbal Risks
Ruben Vromans
- 10:00 Activity
Marij Hillen
- 10:15 Wrap up
Ellen Smets

Symposium Sustainable antimicrobial use: Innovations in theory, practice and evidence

- Online 9:00 Saving our antibiotic goalkeepers: Developing novel metaphors for risk communication about antimicrobial resistance
Eva Krockow
- 9:15 Using "small group" educational interventions to increase appropriate antibiotic prescribing in General Practice settings
Kevin Roche

- 9:30 Behaviour change interventions addressing antibiotic treatment seeking behaviour in primary care settings
Anthony Maher
- 9:45 Does the training of UK hospital health workforce address behavioural influences on antibiotic stewardship behaviours?
Jo Hart
- 10:00 Triangulation and coproduction of recommendations for the design, delivery, and evaluation of Antimicrobial Stewardship training
Lucie Byrne-Davis
- 10:15 Discussion
Eimear Morrissey

SOTA Session Innovations in primary care and caregiver support

- 9:00 Empowering Informal Caregivers to Create Safe Home Environments for Dependent Care Recipients
José Joaquín Mira
- 9:45 Evaluation of a public health prevention programme in English maternity services: Qualitative insights
Maria Raisa Jessica (Ryc) Aquino
- 10:00 Barriers and enablers to detecting and managing metabolic dysfunction-associated steatotic liver disease in primary care
Hollie Smith
- 10:15 Developing implementation strategies for an antimicrobial stewardship intervention in primary care: participatory and theory-driven approaches
Sophie Gendolla

Oral Session Employees' mental health

- 9:00 The impact of work-family conflict on mental health: A meta-analysis
Vlad Lupu
- 9:15 The effects of intervention to empower paid caregivers on occupational and mental wellbeing
Efrat Neter
- 9:30 The Role Of Meaning In Life In Relation To Burn-Out Symptoms Among Early Career Nurses
hendrik van simaey
- 9:45 Learning to Adapt: Pathways for Job Newcomers to Manage Daily Work Stressors
Sri Kruthi Devarakonda
- 10:00 IGL00 resources for sustained work participation among employees with common mental disorders
Alexandra Sikora
- Online 10:15 Vulnerability to burnout and occupational health issues: Identifying risk and protective factors
Ivana Mašková

Symposium Preventing psychological difficulties in siblings of children with chronic disorders

Chair: Torun Marie Vatne

- 9:00 Evaluation of the MiniSIBS intervention for preschool siblings of children with chronic disorders
Torun Marie Vatne
- 9:15 Effectiveness of 'Broodles': A serious game for siblings (6-9 years) of children with disabilities
Linda Veerman
- 9:30 Randomized controlled trial results from the SIBS intervention for siblings of children with chronic disorders
Krister Fjermestad
- 9:45 Assessing contextual compatibility of the SIBS programme in UK eating disorder services: A mixed-methods approach
Amalie Schumann
- 10:00 Activity
Torun Marie Vatne

10:15 Discussion
Krister Fjermestad

Symposium Health in higher education

Chair: Stefanie Schnaedter and Christel Salewski

9:00 Factors related to professional help-seeking behaviour among medical students with depressive symptoms
Manja Vollmann

9:15 Feasibility and efficacy of a stress management program for international students
Constance Karing

9:30 Study conditions and subjective well-being of international students in Germany: The role of self-regulated learning
Hüseyin Hilmi Yildirim

9:45 Differences in the perception of study demands and resources among on-campus and distance-learning students
Stefanie Schnaedter

10:00 Burnout or Balance? Exploring the German Version of the University Demands-Resource Questionnaire (UD-RQ-D)
Andrea Haberstroh

10:15 Discussion
Christel Salewski

SOTA Session Theories of behaviour change

9:00 Why might theory-based behaviour change interventions not work?
Marie Johnston

9:45 Comparing the Theory of Planned Behaviour and Protection Motivation Theory in predicting Covid-19 preventive behaviours
Gabriel Nudelman

10:00 A Social Network Theory of Planned Behavior in Healthy Eating and Meat Consumption
Stephanie Zintel

10:15 Self-efficacy, planning, action control: Exploring some health behavior change mechanisms
Ralf Schwarzer

Oral Session Stress and health: From theory to intervention

9:00 Putting health in context: a systematic theoretical review of research on daily life stressors
Malin Katja Meyer

9:15 Making sense of daily stress- presentation of the Stress-in-Action living systematic database
Solomiia Myroniuk

9:30 Effects of Childhood Trauma and Perfectionism on Stress, Mood, Defeat and Entrapment
Daryl O'Connor

9:45 A computational model for understanding situational stress in adolescents
James Allen

10:00 Evaluation of an Online Imagery-Based Stress Mindset Intervention: Results of Two Preregistered Randomised Controlled Trials
Jacob Keech

10:30 - 11:00 Break session

10:30 - 11:30 Posters

Poster Session Pro-environmental behaviours and health

Environmental predictors of alternative protein food intake. A systematic review
Hanna Zaleśkiewicz

Geographical context of European consumers' choices of alternative protein foods: A systematic review
Anna Kornafel

Healthy or not? The influence of sustainability labels on food healthiness categorization and categorization times
Katharina Eichin

Preference for behavioral strategies towards more plant-based diets: empirical results on meal choices
Muriel Verain

The perceived price barrier in organic food consumption: an exploratory study
Joyce Copier

Neophobia and Inclusion of Plant-Based Alternative Protein Foods into Daily Diet: A Longitudinal Study
Natalia Paduszyńska

Online Beliefs about tap water among young immigrants in Canada: A Reasoned Action Approach elicitation study
Lydi-Anne Vézina-Im

Recycling Behaviours Among University Students in Portugal: A Cross-Sectional Survey of Behavioural Determinants
Aaliyah Boornois

Poster Session Lifestyle behaviours

Participant Attitudes on Integrating Smoking Cessation Support in (Lung Cancer) Screening
Dana Moldovanu

The illusion of harm reduction: Messaging tactics of tobacco companies to market emerging tobacco products
Daniel Joni

How smoking behaviours relate to building height, green spaces and sports facilities in Cyprus?
Angelos Kassianos

Psychological influences on fruit and vegetable purchases in a supermarket - a field experiment
Katrin Brückner

Public Acceptance of Food Environment Interventions: Balancing Health Policies and Individual Freedom
Sumit Mehra

A holistic approach to multiple health behaviours and their determinants in older adults: study protocol
Kim Cnudde

Protective Behavioral Strategies: does using the most protective pattern depend on subjective values?
Maëlle FLEURY

Systematic Review of Behavioural Change Techniques (BCTs) for Promoting Healthy Lifestyles
Giulia Giordano

Exploring general practitioners' engagement with social prescribing: opportunities and challenges in primary care
Oana Petre

Poster Session Views of healthcare professionals and other stakeholders when implementing interventions

When and why will health care professionals (not) refer patients to lifestyle initiatives? Qualitative study
Sander Hermsen

Decision biases in antidepressant prescribing: A qualitative study of UK primary healthcare professionals
Meghann Jones

Barriers and enablers to delivering chronic disease preventive care in mental health settings: scoping review
Rebecca Trower

Determinants of vascular surgeons' compliance to guidelines for abdominal aortic aneurysm repair: a qualitative study
Laurens van Gestel

Self-management support in chronic kidney disease: does current practice match best practice?
Malin Ekholm

Facilitating patient-reported outcome measures (PROMs) discussion and management in Dutch dialysis care: a qualitative study
Eline Schade van Westrum

Field Test of the GLA:D BACK Self-Management Adherence and Competence Checklist (SMAC Checklist)
Bibi Heiberg

Using an implementation framework to evaluate risk communication training in Canadian long-term care homes
Ishika Tripathi

The usefulness of the Implementation-Stakeholder Engagement Model (I-STEM) in academic research settings: the RECENTRE program
Meyke Roosink

Nurses' Knowledge, Learning Motivation, and Attitudes Towards Medical Device-Related Pressure Sore Prevention
Gulsum Nihal Curuk

Poster Session Lifestyle-related behavior change and digital health

Main Outcomes from a Cluster Randomised Controlled Trial of the OurFutures Vaping Program
Lyra Egan

Online No effects of a Just-in-Time Adaptive Intervention on planned physical activity
Jens Blechert

Association between stress and variance in craving – a precursor to unhealthy eating?
Christoph Bamberg

Do theorized patterns of physical activity maintenance exist empirically? A prevalence analysis of 10,000 participants
Guillaume Chevanec

A randomised controlled trial of digital weight loss support tailored to the individual's behavioural determinants
Iga Palacz-Poborczyk

Differences in autonomous motivation between a digital and a conventional prevention program: a longitudinal quasi-experiment
Benedikt Broda

The effectiveness of digital interventions for smoking cessation in pregnancy: A systematic review and meta-analysis
Esther Shackleton

Investigating the delivery-enactment gap in lapse prevention strategy use promoted by digital stop smoking support
Felix Naughton

Online Promoting uptake and usage of digital stop smoking interventions: a mixed methods review
Joanne Emery

Poster Session Digital Health in the context of chronic, long-term diseases, and cancer care

Co-designing a digital intervention targeting 'Big 6' lifestyle risk-factors for chronic disease among low-income families
Lily Davidson

Using the behaviour change technique ontology in the analysis of hypertension self-management apps
Emily Motta-Yanac

Co-designing the MedManageSCI prototype: A medication self-management toolkit for adults with spinal cord injury/ dysfunction
Lauren Cadel

Dynamically tailored eHealth interventions for a healthy lifestyle in people with chronic diseases: systematic review
Anouk Middelweerd

Inside Out: Perceptions and co-design of an on-gut digital device for bowel self-management
Wendy Maltinsky

Co-design of a Tailored Text-Message Intervention to Improve Statin Adherence using the Behaviour Change Wheel
Javiera Rosenberg

MyDiaMate: A novel self-help application for reducing diabetes distress in adults with type 1 diabetes
Theresa C. Mohr

Motivational Language in Online Cannabis Recovery Spaces: Understanding Change and Sustain Talk in Relapse Contexts
Eva Eiling

VILPA for Cardiovascular Disease Prevention: Theory of Change and Logic Model for a Digital Intervention
Cecilie Thøgersen-Ntoumani

Poster Session Mental Health & Well-Being in Children and Adolescents

Impact of food allergy phenotypes on psychological burden in children and parents
MIZUHO KONISHI

Perception of mental health problems and child and adolescent mental health services: qualitative study
Lubica Pamulová

Excessive internet use mediates undesirable effect of avoiding coping strategy on mental health in girls
Maryna Fedorenko

Carried forward: Junior-high student-teacher relationships forecast students' academic and mental well-being into college
Meng-Ting Chen

Weight stigma and mental health: the mediating role of perceived family support and neuroticism
Ivana Ivančić

The Moderating Role of Executive Function Between Anxiety and Quality of Life in Post-COVID Children
MAN CHING LI

Adolescent emotional responses and coping with the COVID-19 pandemic
Anna Alexandrova-Karamanova

Managing picky eating: the role of parental feeding styles in early childhood
Ilse van Lier

Poster Session Resilience, Emotional Flexibility, and Positive Psychology

Systematic Review of Benefit Finding in Adults with Somatic Non-Communicable Chronic Diseases
Zhunzhun Liu

Effects of an intervention to think about the desired future on well-being: Randomized controlled trial
Taku Ito

An ethno-phenomenographical approach to understanding physical activity enjoyment and its link to mental wellbeing
Indra Carey

Psychological consequences of severe COVID-19: A qualitative analysis of Slovak COVID-19 survivors' post-COVID experiences
Peter Halama

Feasibility of a supportive positive psychology intervention in post-COVID-19 patients – A mixed-methods evaluation
Christina Bode

Perspective-taking ability moderates linguistic self-distancing effects on inaction regrets
Chin-Lan Huang

Relationship between reappraisal flexibility and mental health
Megumi Oikawa

Enhancing psychological well-being with tDCS neuromodulation: the mediating role of self-control
Łukasz Krzywoszański

Poster Session Individual differences, mental health and psychological well-being

Basic psychological needs, loneliness and sociodemographic characteristics: Who thrives and who struggles?
Natalia Józefacka

Loneliness, stress, extroversion and sleep latency among wives of soldiers during the Iron Swords War
Yifat Bendrimer

Understanding the role of empathy in (student) nurse retention: The mediating role of mental health
Tina Kavčič

Empathy and Emotional Distress: The Moderating Role of Ego Boundaries and Emotion Regulation
Keti Sardlishvili

How Emotional Intelligence and Behavioral Camouflage Shape Adolescents Well-Being in Autism Spectrum Disorder
Mariam Iantbelidze

Intelligence, personality, recreational drug use, and episodic prospective memory
Bob Uttil

Online Impact of Sensory Processing Sensitivity on Big Five Personality Traits in Nepalese University Students
Aneesah Nishaat

Constellations of sexual functioning, and their association with typologies of sexual, relationship, and psychological wellbeing
Chloe Tasker

Poster Session Decision-Making and Communication in Care and Digital Contexts

Protocol of a scoping review to assess determinants of ethicality perceptions of risk-adapted cancer screening
Kirsten Emmert

Online Perceived severity and preferences for a preconception carrier screening panel: the perspectives of potential users
Celine Frank

Barriers and Facilitators to Decision-Making in Rare Tumour Risk Syndromes: A cross-cultural survey
Maiara Moreto

Challenges in shared decision-making for rare cancer patients across socioeconomic groups: healthcare professionals' perspectives
Liza Hoveling

Feeling (un)safe speaking up about patient safety concerns in hospital settings: Work in progress
Lucia Kupkovicova

Implementation of the pharmacogenetic passport: A pilot study on uptake and its predictors
Suze Westervoorde

Poster Session Mental health and minority identity across the lifespan

Measurement Instruments for Sexual Identity Minority Stress : A Scoping Review and COSMIN Systematic Review
Maria Misevic-Kallenbach

Do neuro-divergent employees have a different look on appreciation?
Georg Hauck

Teachers' emotional intelligence in relation to pupil inclusion, perceived stress and coping strategies
Eva Vancu

Less prejudice in a better world: The influence of primal world beliefs on outgroup prejudice
Meng Li

Social interaction in neighborhoods: what works for teenage girls and women with non-Western migration backgrounds?
Geertje van Wijk

Poster Session Determinants of employee health and workability

Behind The Scenes: Antecedents of Hotel Receptionists' Emotional Labor in Taiwan
Yueh Fei Ho

Breaking the silence: menstrual health and its relationship with work attendance and productivity
Pia Pezdiček

Diary study assessing impact of working conditions in microwork on worker well-being (work in progress)
Sofie Schuller

Potential of work-life balance crafting as health behaviour dimension in occupational studies
Valentina Krumina

Explicit Weight, Implicit Bias: How Body Mass Shapes Bystander Responses to Workplace Ostracism
Paulina Idziak

Poster Session Health behaviour change interventions

Effective behavior change techniques in lifestyle interventions among patients or survivors of breast cancer: Meta-review
Julia Kuzminska

Qualitative research investigating 'RecoverEsupport' acceptability: A digital intervention to enhance recovery from breast cancer surgery
Rebecca Wyse

Schools cancer prevention: A systematic review of school-based cancer prevention interventions for elementary school children
Mariana Brazão

The Moderating Role of Cognitive Function on Enactment of Health Behaviour Change: A Systematic Review
Qianyu He

An Empirical Ranking of the Importance of the Sources of Self-Efficacy
Viktoria Egele

A Pre-Registered Experimental Investigation of Daily Mental Contrasting With Implementation Intentions on Reducing Bedtime Procrastination
Nikos Ntoumanis

Breaking the Habit: A Comparison of Habit Decay Strategies to Reduce Social Media Use
Laura Gördes

Intervening in Social Exchange Processes to Promote Physical Activity: An Investigation of Intrapersonal Mechanisms
Patrick Höhener

Co-creating everyday life solutions to make plant-based diets more desirable, cookable and accessible
Nicole Neufingerl

Poster Session Inclusive healthcare and access: barriers, bias, and belonging

Online Experiences of healthcare access of minority ethnic parents of autistic children: A qualitative systematic review
Melis Duru Miri

Barriers and facilitators to engaging in the therapeutic effects of nature amongst underserved/minoritised communities
Craig Donnachie

Ethnic Variations and Perceived Barriers/Facilitators in Service Access for Unpaid Caregivers: A Scoping Review
Abdulmalik Olaosebikan

Acceptability of implementation intentions: Perceptions of people with lower socio-economic position from think-aloud interviews
Loes van den Bekerom

Effective implementation strategies for whole-of-community obesity prevention interventions in low socioeconomic contexts - systematic review
Maria Siwa

Adjustment process and psychosocial needs of people with vascular Ehlers-Danlos syndrome (VEDs): preliminary qualitative findings
Camille Ribreau

Online Perceived Stigmatization, Body Image, and Psychological Well-Being in Women Visiting Dermatologists for Aesthetic Treatments
omama tariq

11:30 - 12:30 Orals and Roundtables

Roundtable Science communication with policymakers, media and the general public

Chair: Nadja Contzen and Gudrun Sproesser

11:30 Science communication with policymakers, media and the general public
Nadja Contzen, Gudrun Sproesser, Jutta Mata, Laura König, Theresa Marteau, Claudia Teran-Escobar

Roundtable Somewhere Over the Rainbow: Defining the Future of the New LGBTQIA+ SIG

Chair: Thomas Gültzow and Anne van Dongen

11:30 Somewhere Over the Rainbow: Defining the Future of the New LGBTQIA+ SIG
Thomas Gültzow, Udi Davidovich, Chantal den Daas, Anne van Dongen

Roundtable Reflexivity in action: applying lessons learned

Chair: Sarah Stutterheim and Nils Keesmekers

11:30 Reflexivity in action: applying lessons learned
Sarah Stutterheim, Nils Keesmekers, Giselle Menting, Yara Sievers, Meredith Overman, Louise Zanni

Oral Session Nutrition and Physical activity interventions

11:30 Understanding the Factors Influencing Student Engagement after the Implementation of a Physical Education Intervention
Chiara Cimenti

11:40 Understanding healthy eating and physical activity community-centred behaviour change interventions for underserved populations: a mixed methods rapid review
Jessica Marshall

11:50 A physical activity intervention for individuals with knee osteoarthritis: moderators of change
Noemi Lorbeer

12:10 Which behavior change techniques characterize efficient weight loss interventions in vulnerable populations? A meta-review
Paulina Krzywicka

12:20 Self-control strategies to reduce meat consumption: An ecological momentary intervention
Alice Seffen

Oral Session Acceptance & real-world feasibility of new technologies for health

Online 11:30 AI-Driven Virtual Human Training for Obesity Management in GPs: A Pilot Feasibility Test
Leona Ryan

11:40 Critical Challenges in Scaling Gamified Digital Health Interventions in Municipal Policies
Ayla Schwarz

12:00 GPs' role in patients' trust in and acceptance of AI-based diagnoses and treatment plans.
Ilona McNeill

- 12:10 Early-Stage Vaping Cessation Intervention Development: barriers and opportunities to offering vapers behavioural support to quit
Emma Ward
- 12:20 Smart-home technology acceptance and drivers for research participation in patients with Mild Cognitive Impairment
Maria Adele Piccardo

Oral Session Understanding and measuring health behaviour in context

- 11:30 Investigating dynamics of automatic influences on physical activity using a brief smartphone-based implicit association test
Amanda Rebar
- 11:40 Leisure-time physical activity in daily life: The role of social support, affect, self-efficacy, and planning
Lea O. Wilhelm
- 11:50 Predictors of smoking and vaping in cognition, person and environment characteristics among 5th graders
Marina Hinssen
- 12:00 Validation of a new Treatment Adherence Risk Assessment (TARA) measure
Rob Horne
- 12:10 Weight Stigma and Engagement in Physical Health Behaviour: Two Meta-Analyses
Ankita Sehrawat

Oral Session Intervention in chronic disease management

- 11:30 Enhancing psychosexual well-being in Multiple Sclerosis: A feasibility randomized controlled trial
Ashley Brown
- Online 11:40 COGNITIVE BIAS MODIFICATION INTERVENTION TARGETTING FATIGUE IN BREAST CANCER: Pilot results and RCT feasibility
Marcel Pieterse
- 11:50 Barriers and facilitators for lifestyle changes in multimorbid individuals: a delphi study of healthcare professionals
Bo Brummel
- 12:20 Psychological and behavioural interventions for depression and anxiety in early-stage CKD: A systematic review
Pooja Schmill

Oral Session Insights on the physiology of stress and health

- 11:30 Physiological targets in psychosocial interventions for cancer: A review of systematic reviews
Chiara Gasteiger
- 11:40 Self-compassion, gender and HRV-measured stress regulation: A mediating role of loneliness?
Dorota Mierzejewska-Floreani
- 11:50 Autonomic Responses to Acute Exercise in Stress-Induced Exhaustion Disorder: Exploring HRV and Cortisol Levels
Jenny Kling
- 12:00 Childhood Trauma and Cardiometabolic Disease: An Umbrella Review
Nan Zhao
- 12:10 tDCS-induced increases in psychological flexibility mediate reductions in sleep delay propensity
Radoslaw Herzog-Krzywoszanska
- 12:20 Moment-to-moment interplay between self-efficacy, leisure-time physical activity and perceived stress in daily life
Lotte-Eleonora Diering

Oral Session Biomedical intervention and screening

- 11:30 Survey of Public Knowledge and Attitudes Towards Antibiotic Use across England: Pre- and Post-Pandemic
Ellie Gilham

- 11:40 Understanding and contextualising vaccine-related beliefs of pregnant people during first and n-th pregnancy
Raenhha Dhami
- 11:50 Using the HAPA Model to Analyse UK Government Vaccination Communication: A Large Language Model Study
Mostafa Elgayar
- 12:00 Understanding parental hesitancy about childhood flu vaccination: a qualitative study applying the Necessity Concerns Framework
Zoe Moon
- 12:10 A qualitative analysis of factors in cervical screening attendance decision-making
Susanna Kola-Palmer

12:30 - 14:00 EHPS Annual General Meeting

12:30 - 14:00 Lunch

14:00 - 15:30 Orals and Symposia

Symposium Tackling vaccine hesitancy with empathy - Motivational and empathetic refutational interviewing in healthcare contexts
Chair: Philipp Schmid

- 14:00 Impact of witnessing empathetic refutational and motivational interviews on trust and intentions to vaccinate
Philipp Schmid
- 14:15 From data to dialogue: using HCWs' and parents' insights to shape communication trainings
Nora Schmid-Küpke
- 14:30 Strengthening HCWs' vaccination communication in Germany: Developing, implementing and evaluating a demand-driven Motivational Interviewing intervention
Elisa Wulkotte
- 14:45 A field test in Romania of empathetic refutational and motivational interviewing to address vaccine hesitancy
Angelo Fasce
- 15:00 Activity
Jule Schmitz
- 15:15 Discussion
Philipp Schmid

Symposium Accelerating sustainable mobility: examining the potential of ebikes as an active transport mode
Chair: Marta Marques

- 14:00 Socio-cognitive beliefs towards active commuting among car/bike/e-bike/public transport pass owners: a cluster analysis
Ann DeSmet
- 14:15 A systematic review and meta-analysis of the impact of e-bike availability on travel behaviour change
Paquito Bernard
- 14:30 Is ebiking exercise or cheating? An experimental study estimating minutes of moderate physical activity
Anna Barrero
- 14:45 E-biking among people living with chronic conditions: a scoping review
James Green
- 15:00 Activity
James Green & Louise Foley
- 15:15 Discussion
Guillaume Chevance

Symposium Understanding eating behavior: Pathways to health and sustainability
Chair: Agnes Effert and Gudrun Sproesser

- 14:00 Promoting healthy and sustainable diets in Nordic country: perspectives on legumes from farm to fork
Hanna Kontinen
- 14:15 Choosing plant-based: insights into facilitators and barriers for plant-based or non-plant-based choices
Janna de Graaf
- 14:30 Sustainable diets - perceptions of ideal and current dietary sustainability for different wealth groups
Johanna Köchling
- 14:45 Deepening our understanding of eating behaviour maintenance after weight loss: A qualitative phenomenological approach
Carole Lynn Rüttimann
- 15:00 Beyond dieting and restriction: A qualitative approach to positive eating and health
Agnes Effert
- 15:15 Discussion
Agnes Effert

Symposium Developing Inclusive Medical AI: Integrating Multi-Stakeholders' Perspectives
Chair: Sara Soriano Longarón and Ali Aboueldahab

- 14:00 Introduction
Lisa Ballard
- 14:15 Public Perceptions of Artificial Intelligence in Mobile Health Applications
Ali Aboueldahab
- 14:30 Public Perspectives on the Use of Artificial Intelligence in Healthcare
Sara Soriano Longarón
- Online 14:45 Co-Creating Inclusive Medical AI: Exploring Requirements and Solutions
Patricia Pita Ferreira
- 15:00 Realising Inclusive Medical AI: Prioritising Patient and Public Involvement
Lisa Ballard
- 15:15 Activity
Lisa Ballard

Oral Session Advancing Measurement and Models in Mental Health Research

- 14:00 Understanding suicide risk from an individual (within their context) perspective
Rory O'Connor
- 14:15 A new measure to discriminate illness-related distress (IRD) from a primary mental health disorder
Rona Moss-Morris
- 14:30 Structuring knowledge about mental health in an ontology: application to evidence synthesis
Micaela Santilli
- 14:45 Change in psychological distress following cardiac rehabilitation: An ehealth intervention study with a one-year follow-up
Linda Breeman
- 15:00 Daily Diary Study On Human-Urban Nature Interactions And Mental Health
Johanna Bock

Oral Session Coping with symptoms: Mapping the needs

- 14:15 Identifying research priorities for vulvodynia: A modified e-Delphi study
Hannah Durand
- 14:30 Menstrual Pain in Norwegian Women: The Role of Perimenstrual Symptoms, Sexual Activity and Sociodemographic Factors
Anna Ivanova

- 14:45 The grateful, the mechanic and the health architect: an idealtyping analysis of somatic symptom approaches
Aranka Ballering
- 15:00 Met and unmet needs in users of a cancer information service
Daniela Doege
- 15:15 Exploring the Dynamic Relationship Between Illness Beliefs and Physical Health in Breast Cancer
Evangelos Karademas

Oral Session Enhancing inclusivity in health psychology research and practice

- 14:00 Prevention for everyone: Insights into socioeconomic differences in dementia risk, lifestyle, and determinants of behavior
Jeroen Bruinsma
- 14:15 Using creative and social approaches to engage low-income communities in health behaviour change research (CHERISH)
Wendy Hardeman
- 14:30 Intersectionality and Cervical Screening: A community participatory action research with Habesha women in the UK
Pearl Lamprey
- 14:45 Representativeness and inclusivity in Dutch psychosocial-oncology research: A survey on researchers' experiences and perspectives
Fabiola Müller
- 15:00 Unraveling Sex and Gender Dynamics in Spinal Cord Injury: A Comprehensive Research Framework
Janina Lüscher
- 15:15 Adoption of Transparency and Openness Promotion (TOP) guidelines within health psychology and behavioural medicine journals
Emma Norris

Oral Session Individual health behaviours

- 14:00 Supporting COVID-19 vaccination uptake by changing the default: a mixed methodological approach
Floor Kroese
- 14:15 Opportunistic vaccination uptake amongst people from Gypsy, Roma and Traveller communities: A qualitative interview study
Sarah Denford
- 14:30 Online vaccination discourse: Analyzing arguments and sentiments from both sides
Marijn Stok
- 14:45 A theory-based randomised controlled trial to increase delivery of behaviour change interventions by healthcare professionals
Chris Keyworth
- 15:00 Understanding social differences in heat- and sun-protective behaviours with COM-B factors
Benjamin Schüz
- 15:15 Sex under the age of 25: The scientific basis for advancing adolescent sexual health
Hanneke de Graaf

Symposium Supporting healthy child growth and preventing obesity: Evidence and innovative methods in research and practice Chair: Karen Matvienko-Sikar

- 14:00 Caregiver Responsive Infant Feeding Behaviours (CRIB) digital resource; collaboration with seldom-heard groups to prevent obesity
Sarah Redsell
- 14:15 Developing a Core Outcome Measurement Set for Childhood Obesity Prevention
Karen Matvienko-Sikar
- 14:30 Embedding health behaviour screening within Australian primary care to support early childhood growth and health
Dimity Dutch

- 14:45 Parent-focused behavioural interventions for early childhood obesity prevention: systematic review and individual participant data meta-analysis
Anna Lene Seidler
- 15:00 Learning health systems to improve child health
Luke Wolfenden
- 15:15 Discussion
Anna Lene Seidler

15:30 - 16:00 Break session

16:00 - 17:00 Spotlight Talks, Orals and Roundtables

Spotlight Talks Tools for (or against) health: how digital tools can promote research and health - or undermine it

- 16:00 A pilot randomised controlled trial of a mobile app to facilitate sustainable and healthier diets
Esther Curtin
- 16:10 Orchestrating the Gut-Brain Symphony: HRV Biofeedback for FGID Symptoms Relief
Vanessa Ruggiero
- 16:20 Exploring the role of food within the household: enabling community action and advocacy through photovoice
Meredith Overman
- Online 16:30 Behavioural and cognitive changes in young adults after exposure to digital food communication: systematic review
Shaniek Parks
- 16:50 Discussion
Felix Naughton

Spotlight Talks Health inequalities, inclusion and representation

- 16:00 Development of an intervention strategy promoting management of menopause care, employing the BCW/COM-B model
Adele McLoughlin
- 16:10 Addressing loneliness across diverse populations: an umbrella review
Annika Rohrmoser
- 16:20 Riding the waves of (behaviour) change: the first wave of the MAI-HOME kitchen table interviews
Maud de Groot
- 16:30 The Social Health Gap: Psychosocial Differences in Lifestyle Behaviours in Type 2 Diabetes
Elvire Landstra
- 16:40 Universal near-peer education to raise awareness of smoking risks among adolescents from different school types
Dorottya Árvai
- 16:50 Discussion
Anne Van Dongen

Spotlight Talks Exploring health-related decision-making and its determinants

- 16:00 Understanding environmental decision making: the association between stages of decision making and decisional conflict
Letizia Richelli
- 16:10 Barriers and facilitators of university students' physical activity within the education system: A qualitative study.
Hannah Wood
- 16:20 Associations between political party preference and usage of preventive measures in older adults in Germany
Jonathan Kolschen

- 16:30 Exploring HIV Prevention Choices: Decision-Making Factors Among Men Who Have Sex With Men
Iris de Visser
- 16:40 Exploring parental hesitancy towards routine childhood vaccinations post-pandemic: The role of personality and misinformation
Gabriella Annandale
- 16:50 Discussion
Keegan Knittle

Spotlight Talks Stress, Work, and Psychological Well-being

- Online 16:00 More than a job: psychological health in institutional environments
Gianluca Bianchi
- 16:10 Work-Related Challenges Among Healthcare Professionals in German Psychiatric-Psychosomatic Clinics: A Theory-Guided Evaluation
Katharina Schiffer
- 16:20 The impact of stress and coping strategies on gut health and dietary behaviors
Marta Acampora
- 16:40 Age enhances the positive effect of psychological needs satisfaction on work engagement and well-being
Lara Schroth
- 16:50 Discussion
Jennifer Inauen

Spotlight Talks Qualitative insights into the Experience of Enduring Conditions and Life Transitions

- 16:00 Support for autistic people across the perinatal period in the UK: A co-produced document analysis
Caitlin Thompson
- 16:10 "We have to do things together": Understanding partners' influences in supporting women with gestational diabetes.
Fay O'Donoghue
- 16:30 Life-Course Trajectories and Coping Strategies for Sleep Problems: A Qualitative Study of Recently Retired Finns
Marika Kontturi
- 16:40 Discussion
David French

Roundtable Youth-centred co-creation in European projects - challenges and successes

Chair: Mai Chin A Paw

- 16:00 Youth-centred co-creation in European projects - challenges and successes
Mai Chin A Paw, Teatske Altenburg, Leto Demetriadou, Claudia Dictus, Marjolijn Vos

Oral Session Equity in access to care: Inclusive interventions for marginalized populations

- 16:00 Working in partnership with ethnic minority groups to encourage informed cancer screening: developing culturally-relevant interventions
Floor Christie-de Jong
- 16:10 Improving access to cancer screening among people with intellectual disabilities: development of a complex intervention
Katie Robb
- 16:20 Transgender and non-binary people with endometriosis experience of a lack of gender affirming endometriosis treatment
Cheryl Eder
- 16:30 The impact of community-interventions on the health and wellbeing of disadvantaged men: a Scoping Review
Julie Cowie

- 16:50 Perceived discrimination in healthcare is associated with medication side-effects and adherence: A UK cross-sectional survey
Rebecca Webster

Oral Session From screening to selfcare

- 16:00 Acceptability of a behaviour change intervention to improve care of deteriorating patients in acute hospitals
Mandeep Sekhon
- 16:10 Barriers and Facilitators of Healthy Lifestyles in Type 2 Diabetes with Low SES: Qualitative Study
Sabita Soedamah-Muthu
- 16:20 Simple letter intervention, co-designed to address screening determinants, increased lung cancer screening uptake
Gaby Judah
- Online 16:30 Fostering expectant mothers' breastfeeding intentions and behavior: A longitudinal randomized control trial
Margherita Guidetti
- 16:40 The third half: Testing an intervention to reduce alcohol consumption in Dutch amateur sports clubs
Saar Mollen
- 16:50 Preventing return to smoking postpartum – process evaluation findings from the Babybreathe trial
Pippa Belderson

Oral Session New Frontiers in Data Collection

- 16:00 Objective and Subjective Reactivity to the Sensor-Based Measurement of Physical Activity
Alea Ruf
- 16:10 Appetite for Innovation: The Potential of Sensing Meals to Better Understand Eating in Social Contexts
Dario Leanza
- 16:30 Using reflective diaries to explore decision-making about sharing genetic information with relatives
Maria Barbosa
- 16:40 Qualitative data sharing and the challenges of informed consent
Gabriela Gore-Gorszewska

17:00 - 18:00 Keynote - Prof. Theresa Marteau

Changing Behaviour at Scale to Protect our Health and Planet: What Stops Us?

Thursday, 28 Aug

9:00 - 10:30 Orals and Symposia

Symposium Women's reproductive health: Social and psychological aspects Chair: Yael Benyamini

- 9:00 The Role of Precarious Manhood in Reactions to the Male Contraceptive Pill
Shira Peleg
- 9:15 Persevering in fertility treatment despite repeated failures – a qualitative investigation
Yael Benyamini
- 9:30 Women's experiences of posttraumatic stress symptoms/disorder following a medically complicated pregnancy: A systematic review
Michelle Andipatin-Botha
- 9:45 Women's understanding of and attitudes towards decision-making in birth in Switzerland
Louisa Arnold
- 10:00 Women's support needs converge across birth modalities
Talya Miron-Shatz
- 10:15 Discussion
Irina Todorova

Oral Session Health Messaging, Misinformation, and Public Response

- 9:00 Segmentation of the Slovak Population Based on Their Responses to COVID-19 Vaccination
Radomír Masaryk
- 9:15 Effective risk communication for citizens in future pandemics
Olga Damman
- 9:30 Strategies of information intermediaries to address health misinformation among underserved groups during a pandemic
David Blanco-Herrero
- 9:45 The role of the information source in debunking health myths using the Truth Sandwich format
Rebecca Blase
- 10:00 Developing a Sexual Health Counseling Training Intervention for HIV Care Providers Using Intervention Mapping
Suzanne de Munnik
- 10:15 Healthcare professionals' perspectives on managing multimorbidity: multiple clinical behaviours, behaviour change, role of digital solutions
Carolina C. Silva

Oral Session Mitigation and adaptation strategies: Individual, structural and environmental factors

- 9:00 Environmental influences on daily step counts: the case of temperature alerts
Lenka Knapova
- 9:30 Perceived Health and Responses to Heatwaves: Emergency Preparedness and Policy Support in Climate Crisis
Sofia Skipor
- 9:45 Hungry for knowledge: using Protection Motivation Theory for intervention design to promote climate-friendly eating
Leonie Otten

- 10:00 Exploring Family Food Systems: Meat Intake, Conflicts and Meal Frequency
Vanessa Knobl
- 10:15 Determinants of Alternative Protein Choices: European Stakeholders' Perspective
Aleksandra Luszczynska

SOTA Session Physical Health in Children and Adolescents

- 9:00 Somatic symptoms in children and adolescents: a transgenerational perspective
Judith Rosmalen
- 9:45 Physical symptoms in preschoolers, a multi-informant approach
Sterre van der Ziel
- 10:00 Barriers and enablers of optimal healthcare transition from the perspectives of young people and parents
Caroline Heary
- Online 10:15 A Structural Model of Self-Concept in Children with Epilepsy: Impact of Social and Epilepsy-Related Factors
Dana Buršíková

Symposium Self-compassion: why beneficial for us and can it be cultivated by interventions?

Chair: Maya Schroevers

- 9:00 The relationship between compassion for self and compassion for others: a systematic review and meta-analysis
Maya Schroevers
- 9:15 Self-Compassion, Interpersonal Emotion Regulation, and Psychological Symptoms in College Students: A Moderated Mediation
Lei Zhu
- 9:30 Self-Compassion, Sexual Quality of Life and Skin-Shame in Females with Skin-Conditions: The Role of Coping
Andrew Thompson
- 9:45 Effectiveness of a Self-Compassion Programme to Reduce Self-Stigma in Chronic Skin Diseases: the HautKompass RCT
Juliane Traxler
- 10:00 A multiple baseline study on the effects of a compassion-based app for patients with cancer
Jun Wang
- 10:15 Discussion
Maya Schroevers

Symposium Dyadic data in daily life: inter- and intrapersonal perspectives on health and well-being in couples

Chair: Mariët Hagedoorn

- 9:00 The interpersonal benefits of self-compassion in romantic couples: a dyadic approach
Ning Jia
- 9:15 The Inter- and Intraindividual Associations of Given Support with Closeness and Conflict in Romantic Relationships
Lilly Buhr
- 9:30 Couples Coping with Type 2 Diabetes: Using ILMs to Study Partners' Role in Glucose Regulation
Jean-Philippe Laurenceau
- 9:45 All about me, all about you, or all about about us? Choices for Dyadic Designs
Gertraud (Turu) Stadler
- 10:00 Discussion
Mariët Hagedoorn
- 10:15 Activity
Public engagement

Symposium Getting (digitally) active: new perspectives for embedding physical activity into daily life

Chair: Lena Fleig

- 9:00 Within-person predictors of moderate-to-vigorous physical activity: Meta-analysis of Ecological Momentary Assessment studies
Jan Keller
- 9:15 BackUp: Feasibility of an ecological momentary intervention targeting exercise and back health in sedentary workers
Lena Fleig
- 9:30 Streaking as a technique to change behaviour: a systematic scoping review
Stephan Dombrowski
- 9:45 Two online RCTs on possible selves interventions for leisure time physical activity with mixed effects
Lisa Marie Warner
- 10:00 A Web-Based Physical Activity Promotion Intervention for Inactive Parent-Child Dyads
Daniel Phipps
- 10:15 Discussion
Jennifer Inauen

Symposium Causal Inference in Health Psychology: Guidelines for Conceptualization, Measurement and Design

Chair: Annick De Paepe

- 9:00 Introduction
Christoph Bamberg
- 9:05 DAGs are all the rage: where can I get one? Guide for building causal DAGs
Jenny van Beek
- 9:20 Into the Multiverse: Being Open and FAIR About the Decisions Forming Your Causal Inference Foundation
Gjalt-Jorn Peters
- 9:35 From constructs to causal models: advancing causal thinking in health psychology
Annick De Paepe
- 9:50 Using dynamic, causal models to inform the design of within-person experimental studies
Olga Perski
- 10:05 Activity: create your own DAG
Jenny van Beek
- 10:20 Summarizing and opening discussion
Christoph Bamberg

Oral Session Psychosocial Resources and Resilience Across the Lifespan

- 9:00 A meta-analysis of fear of cancer recurrence and mental health in cancer survivor-cancer caregiver dyads
Teodora Vlad
- 9:15 Nature relatedness and well-being: A mediation study among university students
Aija Ozola
- 9:30 Unpacking the Interplay between Internet Usage and Well-being among Older Adults: A Socioemotional Selectivity Perspective
Jen-Ho Chang

10:30 - 11:00 Break session

11:00 - 12:30 Orals and Symposia

Symposium Health Literacy - an important concept for health prevention

Chair: Melanie Jagla-Franke

- 11:00 Health literacy and health behavior in students in Germany
Gabriele Helga Franke
- 11:15 Digital Health Literacy in German students
Melanie Jagla-Franke
- 11:30 Health literacy, HPV-literacy and preventive behaviour of participants at cervical cancer screening in Romania
Ágnes Sántha
- 11:45 Health Literacy and Cardiovascular Perception Gap: The Role of HL in Cardiovascular Diseases
Zsófia Ocsóvszky
- 12:00 Complex model of health literacy in an IBD patient sample
Orsolya Papp-Zipernovszky
- 12:15 Discussion
Ingrid Steenhuis

Symposium Climate (in)action and inequalities
Chair: Claudia Teran-Escobar

- 11:00 Privileged individuals in the UK show little willingness to change high-carbon lifestyles
Esther Paples
- 11:15 Perceived plasticity of climate-relevant behaviors and policy support among high- and lower-income individuals
Kristian Steensen Nielsen
- 11:30 Preliminary results on psychological and professional levers and obstacles to reducing air travel in Academia
Claudia Teran-Escobar
- 11:45 Contribute less, suffer more? Inequalities in protective behaviors against ambient air pollution
Christopher Martin Jones
- 12:00 The Resilience Project: the impact of peer support on climate anxiety and resilience for youth
Daniella Watson
- 12:15 Discussion
Claudia Teran-Escobar

Symposium Quantitative and qualitative perspectives on pandemic preparedness: insights from five studies focusing on COVID-19
Chair: Adriana Solovei

- 11:00 A Multidimensional Approach to Loneliness: Development of a New Loneliness Scale
Robin Wollast
- 11:15 Coping with COVID-19 health messages on social media: Interviews with students with varying depressive symptoms
Spela Dolinsek
- 11:30 Assessing the scope of mental health (non)-recovery in the aftermath of the COVID-19 pandemic
Keenan A. Ramsey
- 11:45 New insights into the relationship between trust in government and COVID-19 vaccination
Magali Beylat
- 12:00 Polarisation and depolarisation in governmental press conferences during COVID-19
Adriana Solovei
- 12:15 Discussion
Olivier Luminet

Oral Session Occupational Health

- 11:00 Cognitive Job Demands and Leisure-Time Physical Activity: Reciprocal Longitudinal Associations Using a Continuous-Time Approach
Juriena de Vries

- 11:15 A qualitative study exploring the impact of the COVID-19 pandemic on healthcare workers workplace absence
Atiya Kamal
- 11:30 Effectiveness of Yoga-Interventions in Improving the Well-being and Productivity of Desk-based Workers: Systematic-Review and Meta-Analysis
Vipin Wadhen
- 11:45 Vocal Health Challenges Among Teachers: A Systematic Review of Risk Factors and Assessment Methods
Jonas Hauck
- 12:00 The InCharge group intervention for employees on basic psychological need crafting and work motivation self-management
Nelli Hankonen
- 12:15 Experienced pressure, self-regulation, and leadership behaviour in the operating room: A diary study
Pam ten Broeke

Symposium Depression and (un)healthy behaviour: new insights in a relevant public health problem

Chair: Marij Zuidersma

- 11:00 Time spent outdoors in daylight and depression risk after 2.5 years: Insights from Lifelines cohort
Nina Buschhausen
- 11:15 Age-specific nonlinear association of BMI and depressive disorders in the general population
Meiyu Lu
- 11:30 Exercise therapy adjunct to guideline-concordant care for depression: A pragmatic randomised controlled trial
Janna Vrijzen
- 11:45 Behavioural mediators of the association between distress and mortality in people affected by cancer
Natalie Miller
- 12:00 Discussion
Richard Oude Voshaar & Marij Zuidersma
- 12:15 Activity
Jeroen Deenik

Oral Session Growing old and staying healthy

- 11:00 Audiologists' perceptions of the barriers and facilitators to conducting hearing assessments with people with dementia.
Hannah Cross
- 11:15 Understanding engagement and adherence in a multidomain lifestyle intervention: insights from FINGER-NL's intervention groups.
Rebecca Otte
- Online 11:45 Well-Being and Proactive Adaptation in Aging: The Role of Social Support, Stress Coping, and Loneliness
Nilay Pekel Uludağlı
- 12:00 Feasibility of VR Exergaming to Improve Mood and Blood Pressure in Middle-Aged and Older Adults
Janine Leonhard

Symposium Integrating health psychology into behaviour change interventions to improve child oral health across Europe

Chair: Marie K. Murphy and Denise Duijster

- 11:00 Oral health in children: behavioural foundations for lifelong health
Maddelon de Jong-Lenters
- 11:15 Examining Children's Toothbrushing Performance: Observational Findings from Preschool to Adolescence
Zdenka Eidenhardt

- 11:30 Optimising Childsmile's nursery supervised toothbrushing programme using implementation science methods - a mixed methods study
Jennifer Eaves
- 11:45 Oral healthcare professionals' characteristics and competences in delivering a family-based behavior change intervention ('Uitblinkers')
Pomme van Maarschalkerweerd
- 12:00 Discussion
Marie K. Murphy
- 12:15 Activity
Maddelon de Jong-Lenters and Denise Duijster

Symposium **Making ontologies useful and usable for behaviour change research**
Chair: Susan Michie

- 11:00 Advancing behavioural sciences for disease prevention through ontology tools – the APRICOT Project
Marta Marques
- 11:15 Experiences of characterising digital behavioural interventions for smoking cessation using the Behaviour Change Intervention Ontology
Lisa McDaid
- 11:30 Applying Artificial Intelligence to integrate behaviour change theories
Susan Michie
- 11:45 Enhancing Behaviour Change Intervention Ontology usability: Barriers and enablers for its application in intervention development
Paulina Schenk
- 12:00 OntoSpreadEd: a tool to make ontology management more manageable
Maya Braun
- 12:15 Discussion
Robert West

SOTA Session **From Stress to Prevention - Sociocultural Perspectives on Health**

- 11:00 When Cancer is Sexually Transmitted: Health Psychology's Role in Prevention of HPV Cancer Inequities
Irina Todorova
- 11:45 Views and experiences of HPV self-sampling for cervical screening in high-income countries: a systematic review
Alice Le Bonniec
- 12:00 Development of the Socioeconomic Stress Inventory (SESI) for U.S.-Mexican and German-Turkish adults
Laura Scholaske
- 12:15 How Physiological Stress from Threat and Challenge Shapes Migration Attitudes and Cognition
Joyce Snijdwint

12:30 - 14:00 Lunch

13:00 - 14:00 Open Science SIG Meeting

13:00 - 14:00 LGBTQIA+ research SIG Meeting

13:00 - 14:00 Conceptualization, Formalization and Measurement SIG Meeting

14:00 - 15:30 Orals and Symposia

Oral Session **Communication and Decision-Making in Clinical Encounters**

- 14:00 Strategies for communicating diagnostic uncertainty regarding post-viral syndromes
Elisabeth Sievert
- 14:15 How healthcare professionals speak affects patients' wellbeing and treatment satisfaction
Amy Hollingworth

- 14:30 Informed choices: patients' and healthcare professionals' perspectives on high-risk prostate cancer treatment decision-making
Caroline M. van der Starre
- 14:45 Time to decide: Use of time in treatment decision-making consultations
Lisa Vlug
- 15:00 "Two options: a bad one or a really bad one": shared decision-making in radiotherapy.
Anniek Rosalie van Hienen
- 15:15 An interprofessional tool assessing person-centered communication of bad news : Integrating patients and professionals perspectives
Isabelle Bragard

Symposium Ensuring access to safe water: Research from environmental health psychology on mitigation and adaptation factors
Chair: Nadja Contzen

- 14:00 Motivations for rain water collection of Dutch and Belgian consumers
Stefanie Salmon
- 14:15 Maximising user acceptance of wastewater reuse through optimised socio-technical configurations: An experimental study in Bengaluru
Josianne Kollmann
- 14:30 Framing messages to mitigate disgust: promoting Direct Potable Reuse
Estefanya Vazquez
- 14:45 Public Acceptance of Decentralized Wastewater Systems and Their By-Products: A Multi-Study Approach
Cristina Gómez-Román
- 15:00 Mandated on-site water reuse in San Francisco: The role of distributive fairness for policy acceptance
Nadja Contzen
- 15:15 Discussion
Josianne Kollmann

Oral Session Policy and systems

- 14:00 Quality of behavioral and social science policy briefs during COVID-19: a multi-country analysis
Joni Jacobs
- 14:15 Uncertainty management during COVID-19: experiences of scientists, policy makers and communication professionals
Danielle Timmermans
- 14:30 Enforced versus voluntary behaviour change: using the Covid-19 pandemic to understand the impact of policies
Marijn de Bruin
- 14:45 A systems approach to behavior: Fuzzy Cognitive Mapping for vaccination uptake
Charlotte Anraad
- 15:00 Translating behavioural science advice into policy during a public health emergency; a behavioural perspective
Lucy Porter
- 15:15 Why do the public and experts differ in beliefs about obesity policy?
Deirdre Robertson

Symposium Applied Psychology with Digital and Personalized Interventions for Mental Health and Well-Being
Chair: Yiqun Gan

- 14:00 The Potential of m-Health Interventions in Reducing Stress and Promoting Mental Health Equality
Yiqun Gan
- 14:15 A Single-Session Online Intervention on Reducing Anxiety and Depression and improving Well-being Among Chinese Adolescents
Huiqing Huang

- 14:30 Personalized stress optimization intervention for adolescent mental health: A randomized controlled trial leveraging machine learning
Jinmeng Liu
- 14:45 eHealth for safe communication: Evaluating the impact of collaboration on end user engagement
Sonia Lippke
- 15:00 Discussion
John de Wit
- 15:15 Activity

Symposium Empowering young people towards healthy and sustainable eating
Chair: Annemien Haveman-Nies

- 14:00 Food literacy among Dutch adolescents aged 12-18 years: the current status and subgroup differences
Femke Hoefnagels
- 14:15 SWITCH: Combined perspectives of adolescents and professionals regarding stimulating healthy and sustainable food in adolescence
Anouk Mesch
- 14:30 Co-created school-based intervention: effects on food literacy and eating behaviors
Chiara Ferravante
- 14:45 Co-Constructing Just and Sustainable Food futures with Youth: Insights from SESAM2030 School-Based Living Labs, Denmark
Subash Rana
- 15:00 Ingredients for change: co-created school-based approaches for real-world impact on healthy, sustainable eating
Herman Peppelenbos
- 15:15 Discussion
Herman Peppelenbos and Annemien Haveman

SOTA Session Participatory intervention development and evaluation

- 14:00 Developmental Evaluation of a serious game for health promotion and interdisciplinary collaboration
Nils Keesmesters
- 14:45 Public acceptance of AI in healthcare: Insights from Digital Pathology
Jenny Groarke
- 15:00 Singaporean older adults' views, experience and recommendations for digital mental health tools: a qualitative study
Ruoyu Yin
- 15:15 Preferences of cancer survivors and healthcare providers for a physical activity intervention: group concept mapping
Emma Tack

Symposium EHP Special Issue Symposium: Intervention Development for Health Psychology Scholars
Chair: Rik Crutzen

- 14:00 The use of Core Processes when applying Intervention Mapping
Rik Crutzen
- 14:15 Working with a planning group in Intervention Mapping: reflecting on challenges
Francine Schneider
- 14:30 Co-creating behavior change interventions to reduce child wasting and stunting in Afghanistan
Tugce Varol
- 14:45 Intervention Mapping and Intervention-Context Fit
Lisa Harms
- 15:00 Activity
Filipa Teixeira

15:15 Discussion
Filipa Teixeira

Symposium Menstrual health in context: Societal, interpersonal, and individual perspectives

Chair: Theresa J. S. Koch and Lucia Volpi

14:00 Cross-cultural differences in menstrual health, literacy and stigma between White British and South Asian women
Michèle Denise Birtel

14:15 Bidirectional relationships between menstrual symptoms and social disadvantage in adolescents
Gemma Sharp

14:30 Between love and pain: A qualitative analysis of menstrual distress and romantic relationships
Laura M. König

14:45 The longitudinal associations between psychosocial-behavioural risk factors and PMDD: A systematic review
Samantha Trevaskis

15:00 Menstrual cycle effects on psychological predictors of nutrition and physical activity: a scoping review
Lucia Volpi

15:15 Discussion
Hannah Durand

Oral Session Biological and Psychological Factors in Food Intake

14:00 Is Hunger the Best Sauce? How It Affects Children's Intake of Familiar and Unfamiliar Fruits
Britt Fleischeuer

14:15 The role of risk taking and reward and punishment sensitivity in preschoolers' food rejection
Anouk van den Brand

14:30 Too sweet to resist? Exploring primary school children's views on sugar consumption
David Guedes

14:45 Parents' knowledge about dietary guidelines for children and barriers in their implementation: a mixed-methods study
Michael Kilb

15:00 Development and validation of a comprehensive food literacy scale among adolescents
Gertrude Zeinstra

15:15 How distracted eating interferes with homeostatic regulation of food approach dynamics: Insights from experience sampling
Marina A.H. Hanssen

15:30 - 16:00 Break session

16:00 - 17:00 Posters

Poster Session Consequences of the climate crisis and how we deal with them

Effects of expressive writing and planning on young individuals' climate anxiety, worry, and pro-environmental behavior
Nejc Plohl

Effects of outdoor education activities on eco-anxiety: A double-edged path to environmental conservation
Chiemi Linda Saito

Adapting the Inventory of Climate Emotions in the Netherlands: Links between Eco-emotions, Health, and Environment
Mariel Juarez Castelan

A qualitative evaluation of Active Hope: An intervention for coping with ecological distress
Sinead Sheehan

- Online Mitigating Urban Heat Stress with Smartwatch-Driven Interventions: Enhancing Sleep Quality and Productivity (Project Well-fit)
Martha Schneider
- Evaluating a framework for inclusive, co-produced, sustainable practices for environment-health research: Examining synergies and tensions
Sarah Golding
- Assessing online tools for sustainable behaviours: a mixed-method approach combining content analysis and user experience
Jenn Hudson
- What drives adolescents' susceptibility to planetary health mis- and disinformation?
Jil Laukamp

Poster Session Health in every phase: Digital health across the lifespan

- Emergent study: Evaluating embers digitally supporting children's mental health
Jowinn Chew
- Online Adolescent Mental Health in the Digital Era: Social Media, Screen Time, and Digital Literacy
Marta Sechi
- Motivation And Mobility Insights: Development And Evaluation Of A Monitoring App For Older Adults
Sandra Mümken
- Online Listen Up: Parental Needs Shaping the Digital Future of Self-Management Interventions for Neurodiverse Children
Elena Sofia Silva
- Designing and disseminating digital lifestyle interventions for vulnerable young families: an interview study
Ashley Smit
- Social media and self-objectification in the prediction of eating disorder symptoms in adolescents
Alessandra Pokrajac-Bulian
- Exploring the impact of group interactions in a web-based cognitive training for older adults
Valentina Rossi

Poster Session Innovative methodologies in digital health studies

- Measuring stress using WhatsApp voice messages – a feasibility and usability study
Janika Thielecke
- Exploring ECG and Eye-Tracking Biomarkers for Emotion Recognition: A Pilot Study
Johannes Pfeifer
- Beyond alerts: Evaluating the efficacy of a mobile health application for cardiovascular disease risk communication
Yinqi Liu
- Perceptions of AI-generated nutrition information texts: An online experiment
Helge Giese
- Artificial intelligence in critical care: Perspectives of Australian critical care nurses
Julian Oldmeadow
- Understanding and Promoting AI Adoption in Healthcare: A Behavioural Science Perspective
Madalena Ricoca-Peixoto
- Inferring Mobility Patterns Using Environmental Sensing with a Mobile Air Quality Device
Robert Spang
- Scroll and Snack: An EMA-study into the effects of exposure to food-related social media content
Monique Alblas

Poster Session Living with Chronic Conditions: Psychological and Behavioral Perspectives

- Experiences and needs of Dutch cancer survivors regarding health behaviour counselling
Anna Manshanden

Cancer and Well-being: A Model for Understanding and Strengthening Patients' Psychological Resources
Morgiane Bridou

To live with a Left Ventricular Assist Device (LVAD)
Marije Schoonbeek

Psychological distress, fatigue and sleep problems in people with multiple sclerosis: A 9-year follow-up
Pavol Mikula

Polish adaptation of the Lung Transplant Quality of Life Questionnaire (LT-QOL)
Aleksandra Stańska

Beyond the Wound: A Scoping Review of the Psychosocial Impact of Diabetes-Related Foot Ulcers
Michelle Hanlon

More than Survival: A Meta-Analysis of Resilience and Mental Health in Cancer Survivorship
Alexander Tudose

Poster Session Digital Tools, AI, and Innovative Mental Health Methods

Does Chatting with AI Enhance Well-being? A Linguistic and Emotional Analysis
Wei-Fang Lin

The Latent Structure of Insomnia in the Japanese Population: A Taxometric Analysis
Yoshikazu Fukui

Validation of the Niemann-Pick disease type C quality of life questionnaires
Jackson Pountney

Take a break or push through? Development of a self-report scale assessing beliefs about exhaustion
Beatrice Tarapoanca

A systematic review into the psychosocial outcomes following cosmetic surgery
Kirsty Garbett

Relationship between Mindful Eating Tendencies and Well-being among College Students
Chiharu Mimura

Online Dimensions And Challenges Associated With Mental Health Support Groups In Zambia: A Service Provider Perspective
Jackson Shawa

Poster Session Social support in adversity and challenges

The Impact of the Stamps App on Mental Well-being and Social Support During Difficult Times
Yil Severijns

A biopsychosocial approach to enhance perceived social support in biologics-treated rheumatoid arthritis patients
Alexandra Husivargova Theofanidis

Sexual well-being in older adults with chronic obstructive pulmonary disease (COPD)
Ingeborg Farver-Vestergaard

Social support trajectories following bariatric surgery and their impact on health behavior and health outcomes
Sillke Hoekstra

Behind closed emotions: perceived partner suppression's impact on support and pain in chronic illness
Ovgun Ses

Satisfaction with helping among Poles supporting Ukrainian refugees
Zuzanna Kwissa-Gajewska

Life After Childhood Leukaemia: Parents experiences of social support, resilience and quality of life
Avril Deegan

COVID-19 and Childbirth Experiences in Slovakia: Insights from the Babies Born Better Survey
Katarina Greskovicova

The Social Dimension of Movement: Companionship and Physical Activity Enjoyment
Judith Grünbichler

Poster Session Health behaviour research

Diet in prevention of cancer and cardiovascular diseases – a comparison of the EPPM groups

Dorota Włodarczyk

Use of the Transtheoretical Model, Health-Action-Process-Approach and COM-B Model to structure food-safety improvement initiatives

Elizabeth Redmond

Understanding how confidence in value-based decisions is constructed: examining variability- and value extremity of experiences

Bastiaan Tan

Relationship-Specific Daily Associations of Health-Related Social Support and Control: An Individual Participant Data Meta-Analysis

Pascal Küng

Socio-cognitive and structural predictors of the use of complementary and alternative medicine

Viktória Sunyk

The use of ice in sport traumatology: An investigation of sociocognitive determinants

Alexis Ruffault

Testing a social cognitive process model for re-donation behavior among blood donors: A longitudinal study

Phoenix Mo

Online Neurodivergent consumer perceptions of food-safety risk, control and responsibility: implications for tailored food-safety education

Hollie Mitchell

Understanding Eating and Buying Behavior through Unified Theory of Behavior: Insight from Indian Urban Women

Gargi S Kumar

Poster Session Health communication: Empathy, narratives and beliefs

The development of the COM-B Readiness to Promote Vaccination Questionnaire for healthcare professionals in Europe

Laura Panagi

Transparency and persuasiveness in vaccine communication and its effects on trust and vaccine intention

Katja Kerman

The effect of narratives on perceived antibacterial resistance susceptibility: A randomized trial among medicine students

Lieve Vonken

Let's talk about opioids: enjoyment, credibility and attention in health communication through empathy and narratives

Leon Cassian Hammer

Focus on Emotional Processes: How Lifestyle Recommendations Work in Doctor-Patient Communication

Sarah Terhorst

Developing a conceptual model to identify entry points for social inequality in digital health misinformation

Malika Mammadova

Sociocultural influences on alternative medicine engagement: the predictive role of health beliefs

Anna Hakobjanyan

The dose of induced eye-movements in health persuasion

Arie Dijkstra

Poster Session Interventions in Disease Management

Online Psychosocial interventions in childhood cancer: key findings from a scoping review of reviews

Jéssica Pimentel

From preclinical to clinical research: effect of environmental enrichment on addiction mechanisms and rehabilitation
Lila Barillot

BREATHE: Co-development with stakeholders and patients to develop a biofeedback and breathing-based intervention for hypertension
Sian Jenkins

Rationale and design of the HARMONY CR trial: Harmonica exercises' impact on cardiac rehabilitation outcomes
Katarzyna Piotrowicz

The SuMMiT-D text message intervention for type 2 diabetes medication adherence: RCT mediation effects
David French

Reducing internalized HIV stigma with Intervention Mapping: The design, implementation, and evaluation of RESET
Sarah E. Stutterheim

Evaluating the efficacy of Acceptance and Commitment Therapy in body image. Descriptive review
Evelyn Torres

Optimising digital Cardiac Rehabilitation (OsCaR) using the Multiphase Optimization Strategy: A mixed methods feasibility study
Eanna Kenny

Implementing change for kidney patients: longitudinal analysis of patient free-text responses
Lucy Mackintosh

Poster Session Health and wellbeing in older age

Environmental correlates for active mobility behaviors in rural adults aged 75+
Karsten Valerius

Study for development of a workbook aimed at enhancing the purpose of life for elderly
Koji Takenaka

SOC strategies, preparation confidence, and spiritual life: Key factors in retirement readiness for people over-45s
JU-CHUN CHIEN

Parent-adult child communication on death and dying: a mixed-method systematic review
Liyan Chen

In a lonely place: subjective and objective aspects of neighbourhood and loneliness in older adults
Kevin McKee

Psychological profiles of healthcare workers and their association with residents' mental health in nursing homes
Amélie Bouche

Effects of Enjoyment on Sedentary Time: A Longitudinal Study in Patient-Partner Dyads
Jowita Misiakowska

Poster Session Self-regulation in the context of environmental cues, illness and distress

Reflections on adapting the common sense model for youth with chronic conditions and their families
Katja Heyduck-Weides

How does self-regulation really contribute to the management of chronic disease? A critical review
Karel Botha

Coping with Freshers' Flu: A prospective study of illness self-regulation following symptom inception
Andriana Theodoropoulou

Self-Determined Motivation and Musculoskeletal Injury Occurrence in Physically Demanding, High-Performance Domains; Systematic Review
Maddy Warmer

Fast and Focused: Exploring If-Then Plans in Visual Identification and Cognitive Control of Food Stimuli
rabia Dilawar

- Online Investigating Addiction Through the Lens of Experiential Avoidance: A Network Analysis Approach
Eleana Lamprou
- Effects of Tapping Touch self-care program for improving sleep Part 2: Long-term effects
Shin-ichi Oura
- Food as an Icebreaker: Impact of Social Eating on Freezing Body Movements in Natural Conversations
Jana Sträßheim

Poster Session Burnout and other mental health indicators

- Self-esteem, narcissistic admiration, narcissistic rivalry, organizational climate and professional burnout. Implications for health psychology
Patrycja Stawiarska
- Direct and indirect student violence against teachers: The latter's stronger predictability of teacher psycho-physical health
Yen-Ping Chang
- Online Affective and occupational outcomes of workaholism: A systematic review and meta-analysis
Modesta Morkevičiūtė
- Assessing emotional labor in pedagogical professions: a questionnaire for intra- and interpersonal emotion regulation
Julia Mai
- Experience Sampling of Self-Compassion and Problem-Solving Writing for Stress, Burnout, and Sleep in Academia
Abbie Bailey
- Job-related factors and behavioural risk factors associated with burnout among nurses
Iveta Nagyova
- Differences in depressive and psychosomatic symptoms and bone health between active and inactive depressed patients
Sanne Houtenbos

Poster Session Preventing and coping with chronic conditions

- Evaluation of educational interventions to enhance cancer literacy regarding prevention: a qualitative pilot study (CLARO)
Mona Illmann
- CARE project: Examining breast cancer patients' stress markers and managing emotions via a homecare-digital-toolkit
Maria Karekla
- Managing chronic conditions in primary care; what's next after deciding research priorities?
Laura O'Connor
- The beliefs Māori patients are discharged home with and their role in readmissions
Holly Wilson

17:00 - 18:00 Keynote - Prof. Justin Presseau

Moving from single to multiple behaviour approaches: Behaviour systems for health behaviour and healthcare practice change

from 19:30 Conference Dinner

Friday, 29 Aug

9:30 - 10:30 Keynote - Prof. Sabine Sonnentag

Work and Well-Being: A Three-Layer Perspective

10:30 - 11:00 Break session

11:00 - 12:30 Orals and Symposia

Symposium Health inequalities in LGBTQIA+ persons – overview, background, and ways forward

Chair: Anne van Dongen

11:00 Minority stress, resilience, and mental health outcomes among Dutch LGBTQI+ youth
Tessa Dekkers

11:15 Chemsex, drugs, and social connection: Sexualized drug use among MSM in the Netherlands
Chantal den Daas

11:30 What drives health inequalities in gay men and other sexual minorities?
Paul Flowers

11:45 Beyond Boundaries: Assessing and Advancing LGBTQI+ Inclusion in Health Psychology Measurement Practices
Thomas Gültzow

12:00 The Amsterdam Cohort Study Among Men Who Have Sex with Men (MSM): an example of the evolution of LGBTQI+ research
Udi Davidovich

12:15 Discussion
Sarah Stutterheim

Symposium Shifting Diets Towards Sustainability: Understanding and Influencing Meat Consumption

Chair: Jessica Schiller and Gudrun Sproesser

11:00 Behavioural Determinants of Plant-Based and Animal Meat Consumption Decisions: A Network Analysis
Jack Hughes

11:15 German Version of the Motivations to Eat Meat Inventory (MEMI): Psychometric evaluation and predictive validity
Jessica Schiller

11:30 Do unmatched plant-based and meat meals increase plant-based selections? Evidence from an online RCT
Emma Garnett

11:45 A Randomized Controlled Trial to Evaluate the Effects of Disgust Messages on Plant-Based Food Choice
Patrizia Catellani

12:00 Speaking up Smartly: LLM-Generated Persuasion to Reduce Meat Consumption with Minimal Social Costs
Elena Wurth

12:15 Discussion
Gudrun Sproesser

Symposium Understanding and relieving user burden of digital and hybrid health behaviour change interventions

Chair: Eline Smit and Ciska Hoving

- 11:00 Introduction
Eline S. Smit
- 11:15 Exploring and measuring the user burden of an effective digital tailored smoking cessation intervention
Ciska Hoving
- 11:30 Design considerations for a smoking cessation virtual reality intervention: A focus group study
Tosan Okpako
- 11:45 Development and validation of an avatar-based questionnaire to measure smoking related beliefs
Eline Smit
- 12:15 Discussion
Katie Newby

Symposium Promoting work well-being: new routes for occupational health psychology

Chair: Renato Pisanti

- 11:00 Linear and Non-Linear Predictors of Psychological Distress and Well Being
Renato Pisanti
- 11:15 Burnout and Job Performance: Testing the Model Across Four Occupations in Two Work Conditions
Beata Basinska
- 11:30 Do Cumulative Interruptions Hurt? Exploring the Associations Between Work Interruption Accumulation and Self-esteem
Wanyi Yang
- 11:45 Effect evaluation of an organizational-level workplace intervention to improve medical doctors' sustainable employability
Anna van Duijnhoven
- 12:00 Discussion
Margot van der Doef

Symposium Giving and thriving? When and how social support provision enhances providers' well-being

Chair: Ewa Gruszczynska and Lisa Marie Warner

- 11:00 Caring under pressure: The role of caregiving intensity, social ties, and perfectionism in caregiver well-being
Pierre Gérardin
- 11:15 Informal caregivers' perceived choice to care: a qualitative photo-elicitation study on willingness and support needs
Mikolaj Zarzycki
- 11:30 Anticipating future caregiving: do career factors and illness perceptions affect willingness to care?
Val Morrison
- 11:45 Providing Support prevents negative mood for the provider - first results of the Prospect Study
Vivien Hajak
- 12:00 Momentary affect and basic needs fulfillment: Evidence from three EMA bursts on daily support provision
Ewa Gruszczynska
- 12:15 Discussion
Evangelos Karademas

Oral Session Online and offline health behavior change interventions

- 11:00 An exploration of online health-seeking behaviour regarding sexual and reproductive health among female university students
Rizwana Roomaney

- 11:15 Exploring Public Values in mHealth: Insights from Interviews on a Mobile Intervention for Student Wellbeing
Tonka Milošević
- 11:30 Understanding engagement, implementation and context within a national trial of feedback facilitation (EQUIPD)
Elaine O'Halloran
- 11:45 Habitual behaviour and stable behaviour: Delineation and definitions for health psychologists
Benjamin Gardner
- 12:00 Testing habit decay strategies and reward for degrading unhealthy snacking habits: A randomized controlled trial
Robert Edgren
- 12:15 Intention and habit as dynamic predictors of health behavior: a multilevel analysis of longitudinal data
Jakob Hedin

SOTA Session Individual differences and health: Searching for explanatory mechanisms

- 11:00 Better understanding emotional dysregulation and health: Towards an experimental, and processual affective science perspective
Olivier Luminet
- 11:45 The role of tDCS neuromodulation in enhancing self-control and reducing physical activity procrastination
Wiktor Potoczny
- 12:00 Avoidance in pain: Individual differences in exploration and exploitation
Angelos Kryptos
- 12:15 Parent-Child Fit for Physical Education: Variance Modeling Reveals Independent Pathways
Eivind Ystrom

Oral Session Psychosocial and health support across various populations

- 11:00 Perspectives and experiences of adult patients with obesity on dietetic primary health care
Annemieke van de Riet
- 11:15 Change in mental health in childhood cancer survivors after attending the state-of-the-art PanCareFollowUp care intervention
Gisela Michel
- 11:30 Rapid access to personalised care for people with heavy alcohol use who self-harm: mixed-methods evaluation
Amy O'Donnell
- 11:45 Perceived Self-Discontinuity Predicts Long-Term Relapse in Ex-Smokers
Jérôme Blondé

Symposium From Stressed to Refreshed: Mechanisms and Interventions for Stress and Recovery in Daily Life

Chair: Melanie Bamert and Simone Lüthi

- 11:00 Are individual differences in HRV reactivity associated with momentary well-being?
Regina Schmid
- 11:15 The bidirectional relationship between stress and sleep quality in daily life
Melanie Bamert
- 11:30 The interrelation between subjective fatigue and autonomic recovery during sleep in everyday life
Katharina Salo
- 11:45 The Immediate Stress-Lowering Effect of Slow-Paced Breathing Depends on Perceiving It as Natural
Johanna Rink
- 12:00 Well-being and stress in individuals with spinal cord injury: A dyadic everyday life study
Simone Lüthi
- 12:15 Discussion
Gertraud Stadler

12:30 - 13:30 Lunch

12:30 - 13:30 National Delegate Meeting

13:00 - 13:30 EMPOWER Annual General Meeting

13:30 - 14:30 Posters

Poster Session Digital health for mental health and well-being

Determinants of patient use of telemental health services: Representative cross-sectional survey from Germany
Ariana Neumann

Effectiveness of digital interventions to prevent anxiety: Systematic review and meta-analysis of randomized controlled trials
Sonia Conejo Cerón

A Digital Solution for Anxiety Prevention – Baseline Findings from the prevANS randomized controlled trial
Cristina García-Huércano

Recruitment and Participant Motivation in Online Mental Health Interventions – Lessons from the prevANS trial
Patricia Moreno Peral

Nature-Guided Imagery, Mindful Body Scan and Urban-Guided Imagery on Work-Related Rumination and Anxiety
Nancy Malamateniou

Mindless scrolling or meaningful mornings? A longitudinal RCT to promote eudaimonic well-being
Ann-Kathrin Sowa

Poster Session Beyond the screen: Immersive and conversational tech in health, well-being and beyond

Who is willing to use non-medical chatbots for health-related queries? A cross-sectional study
Adela Svestkova

Silently ignored: how attributional styles moderate the impact of phubbing on well-being in VR interactions
Theresa Frohn

Creating content for virtual reality games to develop selective and sustained attention in adolescent athletes
Solvita Pleinica

Online Evaluating the effectiveness of chatbot interventions for early-stage depression and anxiety: A pilot study
Sneha Rao

Online Cognitive Benefits of Immersive VR: the Link Between Presence, Memory, and Digital Health Interventions
Gert Jan de Boer

Motion and Audio as Extraneous Load in VR: The Protective Role of Visuospatial Skills
Vladimir Ivanov

The method of Loci in VR: The effect of physical movement and cybersickness on memory
Eva Ansems

SMS-coaching in digital primary healthcare: A mixed-methods pilot study
Siri Jakobsson Støre

Poster Session Identity, Transitions, and Mental Health

Personal Growth and Mental Health in Transition to Parenthood among Siblings of Individuals with Autism
Yael Karni-Visel

Gender identity development amongst people with Klinefelter Syndrome
Athina Tripli

Women's Coping Strategies in Managing the Childbirth Experience: A Qualitative Analysis
Dominika Kunová

The Impact of Parental Cancer on Parent's and Children's Psychological Functioning, Well-being and Identity
Alexandra Ioana Iorgu

Sexual and reproductive health needs, concerns, interests, and health seeking behaviour among female university students
Wylene Saal

Psychosocial Factors Contributing to Postpartum Depression and Anxiety in Latvian Women: A Thematic Analysis
Elīna Zelčāne

Poster Session Well Being and Mental Health

How student behaviors outside regular courses affect college adaptation
Koki Hayashida

Online Coping with poor sleep: A qualitative study of university students' perceptions and implications for well-being
Afsane Riazi

Promoting Awareness Of Depression Through A Mental Health Promotion Program
Nataša Dernovšek Hafner

Perceived effects on the grieving process of donating relatives' organs in emergent donation procedures
María Soria-Oliver

Poster Session Parents, partners, and informal caregivers in health and disease

The Impact of Wearable Technology on Caregivers' Self-Efficacy and Quality of Life in Dementia Care
ECEM ÖZGÜL

The Impact of Caregivers' Preparedness for Stroke Survivors on Psychological Resilience and Perceived Social Support
Hasret ERDEN

The role of positive caregiving experiences on perceived burden among formal dementia caregivers
Marta Nemcikova

Associations of we-talk on BMI and health behaviors in couples: A Longitudinal Actor-Partner Interdependence Model
Emily Carrese-Chacra

Dual illness: a scoping review of couples with somatic illness in both partners
Nina Rottmann

Healthcare Interventions to Support Informal Caregivers of People with Severe Mental Illnesses: A Scoping Review
Marjolijn Heslinga

Exploring The Impacts of Online and In-Person Support on The Well-Being of SCI Family Caregivers
Somayyeh Mohammadi

Assessing healthcare needs in endometriosis: a scoping review
Vladimira Timkova

Poster Session Health Behaviors in Adolescents and Young Adults

Sport specialization and burnout symptoms among adolescent athletes
Martin Kopp

Effectiveness of a Stress Management Intervention (CBSM) for teenagers : pilot study
Aurelie Gauchet

Do I look good enough? Self-presentation, social comparison & eating disorder symptoms in adolescents
Vivien Gudlin

Predicting bedtime procrastination using temporal motivation theory
Shion Miyagawa

School gardening with impact: development of the School Gardening Model Intervention
Iris de Leeuw

Association Between Childhood Trauma and Osteoporosis in the United Kingdom: A Retrospective Cohort Study
Yangyang He

Poster Session Individual and system-perspectives on health communication, literacy and equity

Developing personas of people with limited health literacy: a qualitative study
Iris Koelmans

Qualitative exploration of everyday goals and health perceptions among people with low socioeconomic position
Satu Koivusaari

Effects of culturally targeted health messaging on HPV vaccine receptivity among African American parents
Olivia Aspiras

Addressing health inequalities: Preliminary findings from four research projects using system approaches
Stijn Horck

The role of motivational and cognitive factors in exercise procrastination: A self-determination perspective
Pelin Özgür-Polat

The effect of health literacy interventions on self-management in chronic diseases: A systematic review
Francisca Cabezas

Poster Session Individual differences and specific health conditions

Understanding food intake and eating regulation: From group averages to a personalized approach
Živa Krajnc

Online Unhealthy healthy eating? Psychological predictors of healthy orthorexia and orthorexia nervosa in Bulgarian context
Mihaela Beloreshka

Validation of the French version of the Food Neophobia Scale using AI-Generated meals
Isabelle Carsana

The influence of perceived unpredictability and severity of rheumatoid arthritis (RA) on participants' wellbeing
Amy Wachholtz

Optimal timing/method for promoting adherence to lifestyle recommendations among breast cancer survivors: main results OPTIMUM
Meeke Hoedjes

Poster Session Novel Tools and Frameworks in Health Psychology

What does it mean to be cognitively and socially active? Lessons from a qualitative study
Giselle Menting

Adapting the Diversity Minimal Item Set (DiMIS) for the Italian Context: A Stakeholder-Based Approach
Simona Quaglia

Exploring the Relationship Between Health Behavior and Sleep utilizing a novel SleepECG Algorithm
Claudia Traunmüller

Online Investigating food safety behaviour in the food-service sector through application of the Ecological Framework
Veronika Bulochova

Incorporating the Good Lives Model as a new framework for substance misuse intervention
Lauren Murphy

Social marketing to enhance sustainable and healthy food choices
Leonie Barelds-Cramer

Poster Session Caregiver and patient perspectives

Impact of diagnostic delay in rare cancers: experiences and perspectives of patients and healthcare professionals
Saskia Duijts

Trajectories and predictors of meaning-making process – daily diary study following hematopoietic cell transplantation
Marta Kijowska

Exploring Food-related Challenges in Inflammatory Bowel Disease: Perspectives from Individuals and Healthcare Professionals
Sophie Harding

"Back to normal life" : A longitudinal reflexive thematic analysis in patients with lung cancer
Louise Zanni

Parental Perspectives on the Effects and Challenges of Theater Viewing for Sick or Disabled Children
Ryo Takahashi

Parenting with Multiple Sclerosis: Parental experiences and their perception of their adolescent child's experiences
Megan Snow

Determinants of the use of pain-reducing interventions – a survey among professionals who vaccinate children
Bianca van Vreeswijk

Poster Session Stress and resources

Chronic and situational loneliness: Effects on cardiac vagal flexibility during executive function demands
Charlotte Roddick

The Impact of Cognitive Strategies on Stress Reactions for Japanese Adults
Momono Kobayashi

Online Psychological Stress and HRQoL in Cirrhosis and Portal Hypertension
Mei Feng

The boosting effects of impulsiveness on the relationship between habit and snacking behavior
Shoji Ohtomo

Scoping Review: Parental interpersonal emotion regulation and child
Eva Katharina Matthias

Poster Session Interventions in Occupational Health

Evaluating Policy Effects on Employment Outcomes for Young Adults with Autism Spectrum Disorder
Azimeh Jafari Sadr

Virtual reality work environments to support return to work after burnout sick leave
Stephanie Delroisse

Collaboration between Social insurance agency, employer, patient, and care provider in stress-related rehabilitation
Johan Lidberg

Understanding and facilitating sun protection among outdoor workers in the Netherlands
Yara Sievers

Addressing workplace mental illness stigma: Evaluation and implementation of the programme "The Working Mind"
Emily Nething

Process evaluation of a multimodal return to work aftercare intervention in psychiatric outpatient clinics
Fiona Starke

Burnout reduction using a biopsychological approach : a pilot study evaluating an e-health intervention
Margot van der Doef

Poster Session Risks for acute and chronic conditions

COVID-19 and Childhood Vaccination: How Parents Perceive MMR Vaccine after the Pandemic
Alexandra Šurinová

Online Evaluating Perceptions and Predictors of Seasonal Flu and COVID-19 Vaccination : A Mixed-Methods Study
Bárbara Gonzalez

Challenges in Implementing Anti-Stigma Interventions in Context of COVID-19: Insights from Public Health Experts
Dafina Danqa

Integrating health checks into vaccination services delivered within UK community pharmacies: A qualitative needs assessment
Jason Tang

Acceptance of novel vaccines: a qualitative exploration of hesitancy, trust, and information needs
Paula Hanna Dau

Behavioural determinants of willingness to test during a hypothetical avian influenza outbreak: a qualitative study
Rosa van Hoorn

Intergenerational transmission of physical symptom approaches – a qualitative study
Elske Hogendoorn

Gender differences in psychological risk factors for cardiovascular diseases: preliminary insights from the CV-PREVITAL project
Alessandra Gorini

14:30 - 15:30 Orals and Rountables

Roundtable Walking the walk through the open door: realising open science infrastructures

Chair: Maya Braun and Gjalt-Jorn Peters

14:30 Walking the walk through the open door: realising open science infrastructures
Maya Braun, Gjalt-Jorn Peters, Paquito Bernard, James Green, Emma Norris

Roundtable We know intersectionality matters—Now what? Bridging theory, methods, and applications of intersectional approaches

Chair: Lisa Wolf and Christopher Martin Jones

14:30 We know intersectionality matters—Now what? Bridging theory, methods, and applications of intersectional approaches
Lisa Wolf, Christopher Martin Jones, Nuria Pedros, Keenan Ramsey, Christine Emmer

Oral Session Digital interventions for diet and physical activity

Online 14:30 Effectiveness of a Mobile Approach-Avoidance Intervention in Supporting Dietary Goal Pursuit – a Randomized-Controlled Trial
Matthias Aulbach

14:40 Dieters get hangry too: The impact of experimentally induced fasting on dieters' emotions
Nienke C. Jonker

14:50 A factorial N-of-1 RCT examining goal-setting and feedback notifications for physical activity and goal achievement
Keegan Knittle

15:00 Up and down, but how? Examining timing and shape of behavioral changes in physical activity
Dario Baretta

15:10 Less Is More: Effects of frequency of monitoring on unhealthy snacking behaviors
Leonardo Pimpini

15:20 Being transparent about personalization: Personalized digital “just-in time” nudges for healthier food choice
Nynke van der Laan

Oral Session Interpersonal and social processes in health and disease

- 14:30 Momentary impact of stress on work engagement: the role of interpersonal emotion regulation in couples
Mara Wietelmann
- 14:40 Social vs. non-social smartphone use: Divergent impacts on psychological well-being
Krisna Adiasto
- 14:50 A Social Support Just-In-Time Adaptive Intervention for Individuals with Elevated Depressive Symptoms: A Feasibility Study
Timon Elmer
- 15:00 Interpersonal gratitude as a resource for individual and relational well-being in the dyadic coping process
Michelle Roth
- 15:10 Dyadic coping in couples with different somatic illnesses
Tanja Zimmermann

Oral Session Lifetime behaviour change

- 14:30 Planning a digital detox: Findings from a randomized controlled trial to reduce smartphone usage
Lina Christin Brockmeier
- 14:40 Identifying dyadic intervention techniques (DITs) in couple interventions using the Compendium of DITs (v2.0)
Amelie Spliesgart
- 15:00 Developing an oral health intervention using the COM-B Model and Behaviour Change Wheel
Camilla Kristensen
- Online 15:10 COM-B and Nudge Theory application to improve hygienic cleaning equipment storage compliance in food manufacturing
Laura Hewitt
- 15:20 Non-antibiotic interventions to prevent recurrent urinary tract infections in women: an umbrella review
Sascha Miller

Oral Session Lifestyle and prevention

- 14:30 Parents' perspectives on how the living environment in Amsterdam-North influences their food choices.
Monique Van Der Veen
- 14:40 Physical activities, sedentarism, and sleep on depression and psychological distress among middle-aged and older Canadians
Rosa Palazuelos
- 14:50 Lifestyle is associated with survival in colorectal cancer survivors irrespective of BMI: PROFILES registry results
Nicole Ezendam
- 15:00 Improving Dengue Health Communication: Policy Implications for Reducing Message Fatigue in High- and Low-Risk Areas
Chia-Hsien Lin

Oral Session From individual behaviour to collective action and measurement

- 14:30 Psychosocial Determinants of Alternative Protein Consumption Among Omnivores, Flexitarians, and Vegetarians/Vegans: A Longitudinal Study
Anna Banik
- 14:40 Effects of environmental volunteering on mental health in adults with obesity: case studies
Paul Calleja
- 15:00 Generalizability and Reporting Gaps in Observational Coding of Couple Interactions: Insights from a Narrative Review
Shelby Langer
- 15:10 Context-conscious adaptations of the Dutch Diversity Minimal Item Set (DiMIS-NL): a systematic, stakeholder-informed approach
Keenan A. Ramsey

15:20 Making Geographic Information Systems an accessible tool for analyzing physical environments in health
Nourat Alazza

Oral Session Involving stakeholders in digital health development and evaluation

14:30 Overview and comparison of eHealth lifestyle interventions for low SES preschool children: A scoping review
Lea Hohendorf

14:40 Co-creating a digital platform to teach the use of self-enactable BCTs for physical activity promotion
Alexandre Mazeas

14:50 Stakeholder Involvement in Digital Health Intervention Development: A Systematic Review
Zhanna van Loenen-Sarukhanyan

15:00 Co-designing an online platform with people with disability and carers to improve their health outcomes
Dominika Kwasnicka

15:20 Measuring Socioeconomic Position in Older Adults: Examination of Different Measures and Recommendations for Future Research
Isaac Chung

14:30 - 15:30 Equity, Global Health and Sustainability SIG Meeting

15:30 - 16:30 Closing Ceremony

16:30 - 17:00 Reception for EHPS 2026